

Cathedral Basilica of Our Lady of Peace



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AUGUST 11, 2024

19TH SUNDAY IN ORDINARY TIME



MASS SCHEDULE

Monday - Friday: 6:30 a.m.
& 12:00 p.m.

Saturday: 7:00 a.m.
& 12:00 p.m.

Saturday Vigil: 5:00 p.m.
(Fulfills Sunday Obligation)

Sunday: 6:00 a.m., 8:00 a.m.,
10:00 a.m., 12:00 p.m.
& 6:00 p.m.

RECONCILIATION

Wednesday & Saturday
10:00 a.m. - 11:00 a.m.
(unless noted in bulletin)

Devotions

First Friday

Adoration/Benediction
at 10:00 a.m.

First Saturday

Adoration after 7:00 a.m. Mass
(unless noted in bulletin)

PARISH OFFICE

MONDAY through FRIDAY
8 a.m. to 4 p.m.
Closed on holidays

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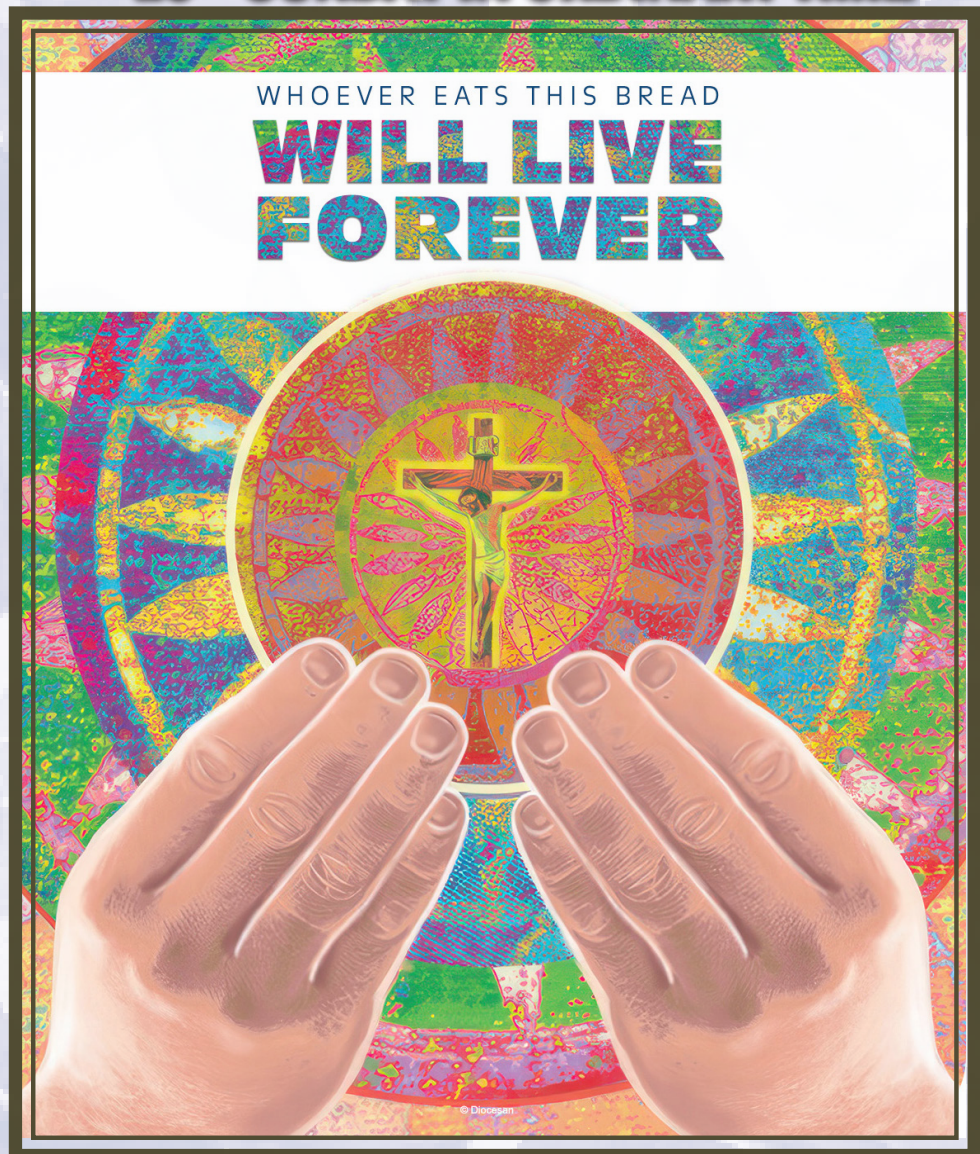


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This week's Readings: 1 Kings 19:4-8; Psalm 34:2-3, 4-5, 6-7, 8-9;
Ephesians 4:30-5:2; Alleluia - John 6:51; John 6:41-51

Next week's Readings: Proverbs 9:1-6; Psalm 34:2-3, 4-5, 6-7;
Ephesians 5:15-20; Alleluia - John 6:56; John 6:51-58

"JESUS, OUR TRUE NOURISHMENT IN LIFE"

Beloved Disciples of Christ,

Greetings of peace, love, and joy!

We continue our reflection on Jesus's Bread of Life Discourse. We recall that all these took place when Jesus performed the miracle of feeding five thousand men, not counting women and children. With five loaves and two fish, Jesus fed this vast crowd with leftovers after everyone had eaten and had their fill.

Last Sunday, Jesus told His listeners, "I am the bread of life; whoever comes to me will never hunger, and whoever believes in me will never thirst." We heard or read that when Jesus was trying to teach them about the bread that would satisfy everyone's hunger, the people further inquired about it. To the point that Jesus will tell them that this bread is no other than Himself. Thus, Jesus reveals Himself, "I am the bread that came down from heaven." The people responded to Jesus' claim with murmurs and strong opposition. It is difficult for them to accept that Jesus came down from heaven. The people are aware of where He is coming from. They know His folks and background. For Jesus to claim that He is the One and came down from heaven is ridiculous in their minds.

Know that this vast crowd followed Him after the miracle. Jesus wants to reveal Himself to these people the truth about Him. He wants to open their minds and accept in their hearts that He is the bread that can sustain the life of people and give everlasting life. Unlike the people in the desert who ate manna, the bread from heaven, Jesus is offering His life for them as the food that will satisfy their hunger.

The truth about Jesus' statements is that He tells us He is the true nourishment sent from heaven capable of satisfying the need for a full life. As we hear more about this on Sunday, this Bread of Life Discourse is a difficult teaching to grasp. It is not that easy to understand, as manifested by the reaction of His listeners. The difficulty of understanding Jesus' teaching can also happen to us as we hear these words. But for a person with faith, we know for sure that Jesus does not only speak of the physical bread that nourishes our hunger but He as a person who feeds our physical and, more so, of our spiritual life.

Know that our life is on a pilgrimage, a journey towards heaven. In this journey, we must sustain ourselves to have the strength and courage to face our challenges. Life is not as easy as we may imagine. We meet a lot of trials along the way. It can be disheartening, demanding, and overwhelming. But if we have faith in Jesus, no matter what happens, He will sustain us, encourage us, and inspire us to get through life's demands. When we have Jesus, we will be satisfied with this journey. And in this journey, though it may be complicated or painful, once we are fed with the Bread of Life, we can still find joy and peace,

Let Jesus, our true nourishment and sustainer of our lives, continue to feed us, especially at every Mass we celebrate.

Your friend in Jesus,

Fr. Pascual Abaya IV
Rector



Whoever
believes has
eternal life
John 6:47

CHURCH'S CALENDAR THIS WEEK

Sunday, August 11
19th Sunday in Ordinary Time
 Masses at 6:00/8:00/10:00am/12:00pm/6:00pm

Monday, August 12
 Monday of the 19th Week in Ordinary Time
 Masses at 6:30am & 12:00pm

Tuesday, August 13
 Tuesday of the 19th Week in Ordinary Time
 Masses at 6:30am & 12:00pm

Wednesday, August 14
 Memorial of St. Maximilian Kolbe
 Sacrament of Reconciliation at 10:00am
 Masses at 6:30am & 12:00pm

Thursday, August 15
Solemnity of the Assumption of the Blessed Virgin Mary
 Masses at 6:30am & 12:00pm

Friday, August 16
Admission Day Holiday
Offices closed
181st Anniversary of the Dedication of the Cathedral Basilica of Our Lady of Peace
 Masses at 6:30am & 12:00pm

Saturday, August 17
 Saturday of the 19th Week in Ordinary Time
 Mass & Adoration at 7:00am
 Sacrament of Reconciliation at 10:00am
 Mass at 12:00pm
 Vigil Mass at 5:00pm

Sunday, August 18
20th Sunday in Ordinary Time
2nd Collection for Repairs & Maintenance
 Masses at 6:00/8:00/10:00am/12:00pm/6:00pm
 Live-Streamed Mass at 10:00 a.m.

SCRIPTURE

We often think of bread and water as prison food, but that's what dispel's Elijah's depression, revives his weakened body, and enables him to undertake a journey of 40 days and 40 nights. "Strengthened by that food," we're told, Elijah found the energy to stop feeling sorry for himself and climb a mountain to come face-to-face with God (1 Kings 19:8). Don't tell Martha Stewart, but it's really not about taste and presentation. What matters most in the culinary world is what nourishes and satisfies. And as usual, God has surprises. We might think a prophet on the brink of desperation who is touched by an angel during the night would be awakened to some great repast of tender meats and vintage wine. Instead, Elijah gets worse food than inmates do these days. But that food from heaven becomes an engine that drives him forward.

Jesus' tells the people that he is better bread than what God sent down in the desert and that whoever eats that bread will live forever. This claim wins him no friends. Instead, he gains a lot of enemies, as people consider his words to be blasphemy. But he has started down this road and there is no turning back. Not only does he claim to be better food than what their ancestors ate, but he asserts that the bread he gives is his very flesh. That does it. Some will be done with him for good! But the few who stay receive the bread he gives, and they learn what truly satisfies and how to live forever.

SHARING FAITH

What restores and reenergizes you when you feel burned out and totally depleted?

Do you believe Christ is truly present — body, blood, soul, and divinity — in the Eucharist? What causes you to doubt? What helps you believe?

Jesus used the same words to describe himself as God used to describe manna — bread come down from heaven. The Israelites went out to gather manna. How do you seek out Jesus and gather his teaching for nourishment?

LIVING THE LITURGY

Research the lives of Teresa Neumann (born in Germany in 1898, died in 1962) and Marthe Robin (born in Germany in 1902, died in 1982) each of whom lived for 30 plus years on nothing but the Eucharistic host.

Just once this week, stop in church for quiet prayer before the Blessed Sacrament. Use the time to thank God for the gift of Eucharist and ask God to deepen your faith.

If you haven't been using the traditional Catholic Grace Before Meals, begin teaching it to your family. Draw their attention to the words that refer to our nourishment as God's gifts. Talk about all the people whose cooperation with God helped to bring these gifts to your table and ask God's blessing on them.

REFLECTION

"... the bread that I will give is my flesh for the life of the world" (John 6:51).



ICSC STEWARDSHIP PRAYER

Lord God,

As we prepare for the transitions of August; of routines becoming regular, signs of schools beginning to emerge, and traffic patterns getting heavier, help us to appreciate the sacred rhythms in our lives.

Give us the wisdom to make our hearts be still, much as the August wind is still, so that we may listen to the gentle words you speak to us.

Help us understand that you alone are the source of every good gift, of the vast array of our universe, and the mystery of each human life.

And help us see that we are called to be good stewards of all that you have entrusted to us; tending them faithfully and responsibly so they may ultimately be returned to you with increase.

In this month of August while a measure of summer's stillness remains, speak to our hearts, guide us in your Son's ways, and through your Spirit, give us the strength to proclaim your justice and peace in our everyday words and deeds.

We ask this through Christ,
Our Lord.

Amen

STEWARDSHIP OF TREASURE

July 29 - August 4, 2024

Offertory Collection

Sunday	\$ 7,262.77
Weekday	\$ 1,105.26
Other Feasts, Solemnities	\$ 304.00
Online Giving	\$ 2,650.11
Total Offertory	\$ 11,322.14

Other Collection

Repairs & Maintenance	\$ 70.00
Diocesan Collection	\$ 2,979.16
Special Collection (Intentions, etc.)	\$ 1,208.76
Other Collection (Gallery, etc.)	\$ 551.00
Total	\$ 16,131.06

ADULT FAITH FORMATION

Please join Dcn. Joe and Easter Almuena every 3rd Sunday of the month at 9:45am. Resources are available at **FORMED**. On your browser, go to www.formed.org. Sign up as a "Parishioner", choose "RCCHAWAII" and create an account.

SUNSET ROSARY ON THE BEACH

Join the Catholic Men's Fellowship of Hawaii, Outreach Ministry, and the Knights of Columbus on Friday, August 16th for their Sunset Rosary and Potluck at Ala Moana Beach Park at the Ewa side. Dinner at 6:30PM, Rosary at 7:10PM, and Fireworks at 7:45PM. For more information, please contact Ron Gochenouer at 808-206-4420.

ANNUAL CATHOLIC MEN'S CONFERENCE

Please join the Catholic Men's Fellowship of Hawaii for the 2024 Annual Catholic Men's Conference on Saturday August 24, 2024 from 8:30 a.m. - 3:30 p.m. at St. John Vianney Church located at 920 Keolu Drive in Kailua. Guest Speakers are John Leonetti and Gil Alerete. The cost is \$40.00. This event is free for men under age 25. For more information, please call Ron Gochenouer at 808-206-4420.

KNIGHTS OF COLUMBUS

The 2024 Knights of Columbus - Coats for Kids drive is happening this fall. This program aims to provide coats for every needy child in North America so no child goes without a coat during winter. Here in Hawaii, even though we do not experience a mainland winter, we do have a rainy season which last from November thru March. If you know of a child in need of a free - brand new rain resistant jacket for this upcoming school year, please notify the KOC. Please send your request to coats@kofchawaii.org. Be sure to include: number of jackets needed, size and if it's for a girl or boy. Your KOC members across the state of Hawaii will be fund raising for these jackets, and they will be free to for our keiki in need. Please help them if you can with your generous donations. Again, please send your request to help our keiki in need, with a rain resistant jacket to: coats@kofchawaii.org.

SAINT FOR THE WEEK

The great method of prayer is to have none. If in going to prayer one can form in oneself a pure capacity of receiving the spirit of God, that will suffice for all method.

St. Jane Frances de Chantel (1572 - 1641), Feast Day August 12th