

Cathedral Basilica of Our Lady of Peace



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AUGUST 18, 2024
20TH SUNDAY IN ORDINARY TIME



MASS SCHEDULE

Monday - Friday: 6:30 a.m.
& 12:00 p.m.

Saturday: 7:00 a.m.
& 12:00 p.m.

Saturday Vigil: 5:00 p.m.
(Fulfills Sunday Obligation)

Sunday: 6:00 a.m., 8:00 a.m.,
10:00 a.m., 12:00 p.m.
& 6:00 p.m.

RECONCILIATION

Wednesday & Saturday
10:00 a.m. - 11:00 a.m.
(unless noted in bulletin)

Devotions

First Friday

Adoration/Benediction
at 10:00 a.m.

First Saturday

Adoration after 7:00 a.m. Mass
(unless noted in bulletin)

PARISH OFFICE

MONDAY through FRIDAY
8 a.m. to 4 p.m.
Closed on holidays

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This week's Readings: Proverbs 9:1-6; Psalm 34:2-3, 4-5, 6-7;
Ephesians 5:15-20; Alleluia - John 6:56; John 6:51-58

Next week's Readings: Joshua 1-2a, 15-17, 18b; Psalm 34:2-3, 16-17, 18-19, 20-21;
Ephesians 5:21-32 or 5:2a, 25-32; Alleluia - John 6:63c, 68c; John 6:60-69

"THE GOODNESS OF THE LORD"

Beloved Disciples of Christ,

Greetings of peace, love, and joy!

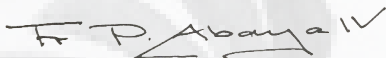
The Bread of Life discourse of Jesus brings about the truth of Himself. He is the Bread that came down from heaven. He offers the gift of salvation through eating the Living Bread; the Bread He gives is his flesh for the world's life. Suppose we content ourselves understanding this great mystery of Jesus' teaching using the power of reason; we may comprehend that such statements are nonsensical or improbable. It is a teaching that is so difficult to comprehend.

But if we look into the whole life of Jesus, we can draw a more profound understanding that what He was talking about was not at all the physical bread that anyone can buy in the market and eat. He was referring more to the offering of Himself, His love, mercy, compassion, graciousness, kindness, and mercy that can give life to the world. Not only does He give life, but He also provides the gift of salvation. Thus, this flesh became a reality at the Last Supper when he consecrated the Bread and wine, becoming His Body and Blood.

Jesus knows every condition of human life. Our pilgrimage in this world is not always filled with goodness and fun. There are many times when the struggles and hardships we face are unbearable. We often come to the point where we want to give up, resign, and be hopeless, and that life seems to have nowhere to go. But it is not the case when we draw our strength from the Lord Himself. His Words, way of life, and Body and Blood are the authentic Bread nourishing the human soul. Thus, we are drawn to taste and see the goodness of the Lord. For in His goodness, He gives Himself to us so we can draw our strength and courage to live in this world.

Let us all ask ourselves how to truly walk with Him this Sunday. How can we draw strength in Him, through Him, and with Him when the journey is rough and distressful? How can we genuinely say AMEN when we receive Him into our lives? Come and taste the goodness of the Lord and see for yourself what He really meant.

Your friend in Jesus,



Fr. Pascual Abaya IV
Rector



*My flesh
is true food,
and my blood
is true drink*

JOHN 6:55

CHURCH'S CALENDAR THIS WEEK

Sunday, August 18

20th Sunday in Ordinary Time**2nd Collection for Repairs & Maintenance**

Masses at 6:00/8:00/10:00am/12:00pm/6:00pm

Livestream at 10:00 a.m.

Monday, August 19

Monday of the 20th Week in Ordinary Time

Masses at 6:30am & 12:00pm

Tuesday, August 20

Memorial of St. Bernard

Masses at 6:30am & 12:00pm

Wednesday, August 21

Memorial of St. Pius X

Sacrament of Reconciliation at 10:00am

Masses at 6:30am & 12:00pm

Thursday, August 22

Memorial of the Queenship of the Blessed Virgin Mary

Masses at 6:30am & 12:00pm

Friday, August 23

Friday of the 20th Week in Ordinary Time

Masses at 6:30am & 12:00pm

Saturday, August 24

Feast of St. Bartholomew

Mass & Adoration at 7:00am

Sacrament of Reconciliation at 10:00am

Mass at 12:00pm

Vigil Mass at 5:00pm

Sunday, August 25

21st Sunday in Ordinary Time

Masses at 6:00/8:00/10:00am/12:00pm/6:00pm

Live-Streamed Mass at 10:00 a.m.

SCRIPTURE

The spiritual life is often more about subtraction than addition: things “add up” only when we take things away. Lady Wisdom teaches us that to possess understanding we must first let go of foolishness. This is not so easy to do, for the human spirit clings tenaciously to its familiar, if foolish, ways. Wisdom’s only hope is to entice us with her rich fare and the siren voices of her maidens. A beautiful table awaits us with ample food and aged wine — if only we can pull ourselves away from the “fast food” that often substitutes for true nourishment. That’s Wisdom’s message — you have to let go, so your hands will be free to take hold of the feast I offer.

Paul also knows the inclination of foolish folk to cling to ignorance instead of understanding. Who wants to cling to ignorance, you ask? Probably no one, if they know it is ignorance. But ignorance wears good disguises and often passes as wisdom, and vice versa. Jesus’ words are a great example. To some, Jesus’ request that we eat his flesh and feed on him might sound like dialogue from a vampire movie. Only faith can tell us that’s not folly but wisdom. Only faith can convince us that singing songs of praise and joy in the Spirit is better than indulging in spirits that lead to drunken DEBAUCHERY. Only faith — and pure Wisdom — can persuade us that this strange bread that is Jesus will enable us to live forever!

SHARING FAITH

In Proverbs, Wisdom is food, and in the Gospel, Jesus is food. Why do you think food references are prevalent in Christian spirituality?

Paul urges us to “[give] thanks always and for everything” (Ephesians 5:20). Is such a posture possible? How can we give thanks when things go wrong, or tragedies occur?

How is the Eucharist true food and true drink? How does taking part in the Eucharist lead to wisdom?

LIVING THE LITURGY

Give up junk food this week, or at least one item of junk food you favor. In place of what you give up, eat something healthy and nourishing, keeping in mind that what you do for your body can also be done for your spirit.

Make a timeline of your life, plotting the times you had a clear sense of God’s will for your life and those times when you didn’t. Be sure to note what or who helped you understand God’s will and what hindered your understanding.

Take time to remember that every meal shared with loved ones is a special cause for celebration. One evening this week, even if the food is simple, let your family members help set the table with your best China and flatware. Let the children arrange flowers or place a candle on the table. Dim the lights, play soft music, and share stories of Jesus’ table fellowship.

REFLECTION

“Forsake foolishness that you may live . . .” (Proverbs 9:6).



ICSC STEWARDSHIP

PRAYER

Lord God,

As we prepare for the transitions of August; of routines becoming regular, signs of schools beginning to emerge, and traffic patterns getting heavier, help us to appreciate the sacred rhythms in our lives.

Give us the wisdom to make our hearts be still, much as the August wind is still, so that we may listen to the gentle words you speak to us.

Help us understand that you alone are the source of every good gift, of the vast array of our universe, and the mystery of each human life.

And help us see that we are called to be good stewards of all that you have entrusted to us; tending them faithfully and responsibly so they may ultimately be returned to you with increase.

In this month of August while a measure of summer's stillness remains, speak to our hearts, guide us in your Son's ways, and through your Spirit, give us the strength to proclaim your justice and peace in our everyday words and deeds.

We ask this through Christ,
Our Lord.

Amen

I ask you to consider that our Lord Jesus Christ is your true head and that you are a member of his body. He belongs to you as the head belongs to the body. All that is his is yours: breath, heart, body, soul and all his faculties. All of these you must use as if they belong to you, so serving him you may give him praise, love and glory.

St. John Eudes (1601 - 1680), Priest, Confessor, Feast Day August 19th

STEWARDSHIP OF TREASURE

August 5 - 11, 2024

Offertory Collection

Sunday	\$ 5,947.27
Weekday	\$ 1,376.26
Other Feasts, Solemnities	\$ 390.00
Online Giving	\$ 1,765.28
Total Offertory	\$ 9,478.55

Other Collection

Repairs & Maintenance	\$ 25.00
Diocesan Collection	\$ 412.26
Special Collection (Intentions, etc.)	\$ 1,208.00
Other Collection (Gallery, etc.)	\$ 325.00
Total	\$ 11,448.81

KNIGHTS OF COLUMBUS

The 2024 Knights of Columbus - Coats for Kids drive is happening this fall. This program aims to provide coats for every needy child in North America so no child goes without a coat during winter. Here in Hawaii, even though we do not experience a mainland winter, we do have a rainy season which last from November thru March. If you know of a child in need of a free - brand new rain resistant jacket for this upcoming school year, please notify the KOC. Please send your request to coats@kofchawaii.org. Be sure to include: number of jackets needed, size and if it's for a girl or boy. Your KOC members across the state of Hawaii will be fund raising for these jackets, and they will be free to for our keiki in need. Please help them if you can with your generous donations. Again, please send your request to help our keiki in need, with a rain resistant jacket to: coats@kofchawaii.org.

ANNUAL CATHOLIC MEN'S CONFERENCE

Please join the Catholic Men's Fellowship of Hawaii for the 2024 Annual Catholic Men's Conference on Saturday August 24, 2024 from 8:30 a.m. - 3:30 p.m. at St. John Vianney Church located at 920 Keolu Drive in Kailua. Guest Speakers are John Leonetti and Gil Alerete. The cost is \$40.00. This event is free for men under age 25. For more information, please call Ron Gochenouer at 808-206-4420.

'OHANA IN CHRIST ANNUAL APPEAL

We are at 45% from reaching our goal! Please support the Cathedral Basilica and our many Catholic ministries and services by contributing to the 2023-2024 'Ohana In Christ Appeal. Our Catholic Church in Hawaii has many dimensions and continues to make significant impact in the communities we serve. Your generous gift will especially help support numerous ministries and services at our parishes, schools and beyond - as well as our Parish Priests and Deacons, Youth and Young Adult Ministry and those most in need. Mahalo for your generous Stewardship of Treasure. All gifts are important and appreciated. Please give online at CatholicHawaii.org.

SAINT FOR THE WEEK