



Cathedral Basilica of Our Lady of Peace

Cathedral of the Honolulu Diocese • Founded 1843 • National Historic Register

Second Sunday of Lent

March 1, 2026

Beloved Disciples of Christ,

Greetings of peace, love, joy, and hope!

“Listen to Him: A Lenten Journey from the Mountain to the Heart”

The Transfiguration of Jesus is a moment when His divine glory breaks through the ordinary. Peter, James, and John are granted a rare grace: they see Jesus as He truly is. Peter is so overwhelmed, so filled with awe and energy, that he wants to build three tents to hold onto the moment. Even though the experience is frightening, something in Peter longs to remain in that place of light. Then comes the voice from the cloud: “This is my beloved Son. Listen to him.”

Afterward, they walk back down the mountain. The glory fades, the ordinary returns, and Jesus tells them to remain silent until after His Resurrection. The mountaintop moment was not the end, but it was preparation for the journey ahead.

Jesus’ true glorification does not come from His miracles or His powerful teachings, which often brought Him conflict and misunderstanding. His glory is revealed most fully in His Passion, Death, and Resurrection. He gives His life out of love, freely and obediently, for the salvation of the world. This is why the Father says, “Listen to Him.” Jesus shows us what it means to be beloved sons and daughters of God: to listen, trust, and follow, even when the path leads through sacrifice.

Lent invites us to ask how we are listening to Jesus today. On Ash Wednesday, we heard the words, “Repent and believe in the Gospel.” Those words were not meant for a single moment but to shape our entire journey. How are we responding as Lent unfolds? Are we allowing God’s grace to touch the places in us that need healing, forgiveness, or change? Or have we let the invitation fade into the background noise of life?

In a world filled with distractions, anxieties, and constant noise, listening to Jesus is more important than ever. The Father’s voice still speaks: “This is my beloved Son. Listen to Him.” When we listen, truly listen, our lives begin to change. We find clarity amid confusion, peace amid restlessness, and hope amid discouragement.

As we continue our Lenten journey, may we open our hearts to God’s Word with renewed intention. May listening to Jesus lead us to deeper peace, greater love, and a joy the world cannot take away.

Your Friend in Jesus,

Fr. Pascual