

Cathedral Basilica of Our Lady of Peace

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JULY 5, 2026

14TH SUNDAY IN ORDINARY TIME



MASS SCHEDULE

Monday - Friday: 6:30 a.m.

& 12:00 p.m.

Saturday: 7:00 a.m.

& 12:00 p.m.

Saturday Vigil: 5:00 p.m.

(Fulfills Sunday Obligation)

Sunday: 8:00 a.m.,

10:00 a.m., 12:00 p.m.

& 5:00 p.m.

(unless noted in the bulletin)

RECONCILIATION

Wednesday and Saturday

10:00am - 11:00am

located at 1159 Fort Street Mall

(unless noted in the bulletin)

Devotions

First Friday

Adoration/Benediction

at 10:00 a.m.

First Saturday

Adoration after 7:00 a.m. Mass

(unless noted in the bulletin)

PARISH OFFICE

MONDAY through FRIDAY

8 a.m. to 4 p.m.

Closed on holidays

1184 Bishop Street

Honolulu, HI 96813

Office: (808) 536-7036

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Picture ©Diocesan

This week's Readings: 14th Sunday in Ordinary Time - Zechariah 9:9-10; Psalm 145:1-2, 8-11, 13-14
Romans 8:9, 11-13; Alleluia - Matthew 11:25; Matthew 11:25-30

Next week's Readings: 15th Sunday in Ordinary Time - Isaiah 55:10-11; Psalm 65:10, 11, 12-13, 14
Romans 8:18-23; Alleluia; Matthew 13:1-23

"GRACE IN THE MIDST OF BURDEN"

Beloved Disciples of Christ,

Greetings of peace, love, joy, and hope!

Do you have someone in your life you can rely on, especially when life's weight feels too heavy to carry alone? In moments of discouragement or fear, is there a family member or close friend who listens to you with patience, empathy, and genuine concern? Most of us do. Yet even with the people we love, some burdens remain: personal struggles, physical ailments, financial instability, and spiritual dryness. Each of us carries something. The difference is not whether we carry burdens, but how we carry them, and whether they strengthen or weaken us.

This Sunday, Jesus speaks directly to that reality. His words, "Come to me, all you who labor and are burdened, and I will give you rest," remind us that He is not distant from our struggles. He is someone we can truly rely on. In these difficult times, marked by natural calamities, political and social upheavals, and family disputes of many kinds, His invitation takes on even greater meaning. We have seen lives lost, families separated, jobs threatened, and countless people fighting for their health and future. The world feels different. The weight feels heavier.

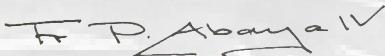
Yet even amid all this, life continues. Hope continues. God continues. We know that these trials, as overwhelming as they are, are temporary. If we remain steadfast and face our concerns with faith and courage, we will always find strength knowing that the Lord is with us.

When Jesus says, "Come to me... and I will give you rest," He is not offering a quick fix or an escape. He is offering Himself. He assures us that He walks with us through every valley, every fear, every burden. He helps us carry our crosses, just as He carried His own to Calvary. In His strength, we find the courage to continue. In His love, we find the rest our hearts long for.

And something beautiful happens when we allow Jesus to strengthen us. Our faith becomes a source of strength for others. We often hear the saying, "No man is an island." It is true. We are created for community, for compassion, for one another. When we rely on Jesus, we become instruments of His comfort, helping others carry their burdens so they, too, may find rest.

As we continue our journey of life and faith, may Jesus walk with us. May we also walk with one another, especially in these challenging times. May we find in Him the rest we long for, not only in the life to come, but here and now, amid our struggles.

Your Friend in the Jesus,



Fr. Pascual Abaya IV



COME TO ME,
all you who labor and
are burdened, and I will
give you rest

Matthew 11:28

CHURCH'S CALENDAR THIS WEEK

Sunday, July 5, 2026

14th Sunday in Ordinary Time

Masses at 8:00am/10:00am/12:00pm/5:00pm

Monday, July 6, 2026

Monday of the 14th Week in Ordinary Time

Masses at 6:30am & 12:00pm

Tuesday, July 7, 2026

Tuesday of the 14th Week in Ordinary Time

Masses at 6:30am & 12:00pm

Wednesday, July 8, 2026

Wednesday of the 14th Week in Ordinary Time

Sacrament of Reconciliation at 10:00 - 11:00am

Masses at 6:30am & 12:00pm

Thursday, July 9, 2026

Thursday of the 14th Week in Ordinary Time

Masses at 6:30am & 12:00pm

Friday, July 10, 2026

Friday of the 14th Week in Ordinary Time

Masses at 6:30am & 12:00pm

Saturday, July 11, 2026

Memorial of St. Benedict

Masses at 7:00am & 12:00pm

Sacrament of Reconciliation at 10:00 - 11:00am

Vigil Mass at 5:00pm

Sunday, July 12, 2026

15th Sunday in Ordinary Time

Masses at 8:00am/10:00am/12:00pm/5:00pm

SCRIPTURE

This is our first time to celebrate a Sunday in Ordinary Time since March 6, just before we began the Lenten season. For four months, we have celebrated different liturgical seasons designed to help us remember and follow the life, death, and Resurrection of Christ and the life of the early Church communities as they attempted to imitate him. From now until the final Sunday in November, when we will begin a new Advent season, we will hear about Jesus' mission and his message of Good News. We will hear, too, about the followers who carried on his mission in the world.

The last few verses of today's Gospel passage begin with "come to me" and are unique to Matthew. The invitation to come to know Jesus and learn from him will show followers the demands of discipleship. The "yoke" of discipleship calls one to live with humility, openness, and willingness to enter into relationship with God in and through Jesus his Son. Jesus Christ is the key to knowing the mysteries of God's kingdom.

SHARING FAITH

How does Jesus give you rest or lighten your burdens? How do you, in turn, do that for others?

The passage from Zechariah speaks of the king's humility as a just savior. What does that passage say to you about God as our savior?

As we enter the season of Ordinary Time in summer, how would you like to rest in God?

LIVING THE LITURGY

In Jesus' day, many rejected him because he did not praise or admire those who were in power, but instead challenged them with his teachings about love, forgiveness, and healing. This was welcome news to those burdened by society's social or religious edicts. Jesus invited them to rest in him, but to also become disciples. Can you think of any modern examples of those who labor or are heavily burdened? How are they called to be followers, too?

Reflect on the words used to describe God in Psalm 145. How would you describe God?

This is the July 4 celebration of our nation's independence. You might want to pray for various aspects of our country. Your prayer could include those serving around the world or those who are poor or neglected. It might include our use of our resources and our Church's call to us to be good stewards. Perhaps you can make a litany of the many aspects and add to it over the summer.

REFLECTION

Come to me, all you who labor and are burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am meek and humble of heart; and you will find rest for yourselves. For my yoke is easy, and my burden light (Matthew 11:28-30).



Mission statement:

The mission of the **International Catholic Stewardship Council** is to foster an environment in which stewardship is understood. Throughout the Catholic Church.

ICSC STEWARDSHIP PRAYER (JULY)

Good and Gracious God,

We thank You for this gift of summer; of being able to pause, relax and enjoy the abundant gifts You have given us.

At this time of year, our thoughts may turn to vacations and outings. We may experience seashores, mountains or lakesides.

We may enjoy fishing, swimming and barbecues.

But whatever our summer opportunities, we realize they are ultimately gifts from You and these gifts, Lord, are ultimately meant to be shared.

Show us the joys of generosity, keep us mindful of others and open our hearts to our parish, neighborhood and world. They need the generous spirit of good stewards.

As we enjoy the leisure that summer brings, we thank You for Your many gifts, and ask that You make us a gift to others as well.

In Jesus name we pray.

Amen

THANK YOU FOR YOUR GENEROSITY!

June 22 - 28, 2026

Offertory Collection

Sunday	\$	3,343.00
Weekday	\$	891.28
Other Feasts, Solemnities, Holy Day	\$	202.00
Online Giving	\$	1,047.45
Total Offertory	\$	5,483.73

Other Collection

Repairs & Maintenance	\$	30.00
Diocesan Collection	\$	1,405.75
Special Collection (Intentions, etc.)	\$	526.00
Other Collection (Gallery, etc.)	\$	2,494.00
Total	\$	9,939.48

WORLDWIDE MARRIAGE ENCOUNTER

Worldwide Marriage Encounter has been formally recognized by the Vatican as an International Private Association of the Faithful. This historic recognition affirms the ministry's longtime service to married couples and priests, and invites couples to renew their commitment to one another. Join WWME Hawai'i for a residential weekend July 10-12, 2026, at St. Anthony Retreat Center in Kalihi Valley, O'ahu. Applications are available at www.hawaiiwwme.org or contact Brian and Claudine Perry at (808) 276-5721 or email brian.claudine.perry@wwme.org. Space is limited.

CATHOLIC ENGAGED ENCOUNTER

Calling all Married Couples! Have you been married 2 years or more? Would you like to serve a ministry with your spouse? Are you available 2-3 weekends per year? do you want to help engaged couples prepare for marriage? God may be calling you to be an Engaged Encounter Presenting Couple! For more information, email hawaii@engagedencounter.com

ADULT FAITH FORMATION

Are you ready for Ordinary Time? Please join Dcn. Joe and Easter Almuena every 3rd Sunday of the month at 9:00am. Resources are available at Formed.org. On your browser, go to www.formed.org. Sign up as a "Parishioner", choose "RCCHAWAII" and create an account. For more information, please visit our website at honolulucathedral.org or see Dcn. Joe & Easter.

CATHEDRAL GALLERY

Our Gallery Hours are:

Monday to Friday: 10:00am - 12:00pm

Saturday and Holidays: Closed

Sunday open after the 8:00am and 10:00 am Masses

For more information, please call 808-585-3311.

SAINT FOR THE WEEK

"Almighty God, give me wisdom to perceive You, intelligence to understand You, diligence to seek You, patience to wait for You, eyes to behold You, a heart to meditate upon You and life to proclaim You, through the power of the Spirit of our Lord Jesus Christ. Amen."

Benedict of Nursia, (480 - 547), Monk, Patron of Europe, Feast Day July 11